

Avocado Caesar Dressing (gluten-free, dairy-free, soy-free, grain-free, egg-free, AIP)

INGREDIENTS:

- 1 ripe avocado
- 1 clove garlic
- 3 T apple cider vinegar
- 2 T nutritional yeast (this adds the cheesy flavor)
- 1/4 cup avocado oil (olive oil will work, but it does have a stronger flavor)
- 2 tsp water (adjust for thicker or thinner consistency)
- Salt to taste

DIRECTIONS:

- Combine all ingredients into a container that fits your immersion blender (or you can use a regular - blender). Blend until smooth.
- Enjoy!